

Paynesville Neighbourhood Centre

Term 3
2026



PNC Community bus trip to Nyerimilang Homestead

What's on

SBA'S KITCHEN | COOKING EXPERIENCE

Tuesday July 21 | 10am | Comforting food of Hungary | \$60

Tuesday Aug 18 | 10am | Confit Duck | \$70

Tuesday Sept 15 | 10am | Farmhouse Cheese | \$60

All food is gluten free. Limited numbers.

COMMUNITY BUS TRIP

Tues July 28 | TBC | Bairnsdale Cinemas | \$10+movie ticket

Tues Aug 25 | 9.30am depart | Lakes Entrance Op Shops | \$15

COMPUTER BASICS

5 Wednesday sessions | Aug 12 - Sept 9 | 9.30am-12.30pm |

\$25 conc/\$50 full

BYO device

COMMUNICATION SKILLS YESTERDAY TODAY & TOMORROW | FREE

3 Thursday sessions | Sept 17 - Oct 1.

NDIS INFORMATION SESSION

Presented by Local Area Coordinators on behalf of Latrobe
Community Health Services

Wednesday August 5, 10am

Dying to know - Raymond Island

Thurs, Aug 20 | 1pm-3pm | FREE

To book any of the above,



Call 5156 0214



Email: info@pnc.vic.edu.au



Direct through our website.

www.pnc.vic.edu.au/courses-activities/

What's on

Monday Craft- 9.30am - 11.30am

Come and join our friendly craft group! Bring your supplies and join in. Some of the things we do:

Painting

Knitting and Crochet

Cross-stitch

Bead painting

Everyone welcome. \$5 per session. Refreshments provided.

Tuesday Craft - 9.30am - 11.30am

Get creative and connect with others share ideas, make beautiful creations and enjoy great company. Work on your own projects such as knitting, crochet, bead painting, sewing, cross-stitch. Learn new skills.

All skill levels welcome. \$5 per session. Refreshments provided.

Tuesday Ladies - 1pm - 3pm

Fun, Friendship & Games!

Are you looking for a fun and friendly group to connect with? Join the Tuesday Ladies and enjoy card games, great company and afternoon tea.

\$2 per session.

Paper Craft - 12.30pm - 3pm First Thursday of the month

Love working with paper? Whether you are into scrapbooking, card making or other paper crafts, join our friendly group for creativity and connection.

\$5 per session. Refreshments provided.

Book Club - 1pm - 3.00pm - second Thursday of the month.

Numbers limited - please contact us.

\$5 per session.

What's on

CWA Junior | 4pm | Third Wednesday of the month

Girls aged 5+ are invited to join the group.

Small membership fee applies

Contact Robyn 0418 895 313

YOGA - Deborah Langley | Tuesday 6-7pm | Sunday 9.30-10.30am

\$20 at the door

For more information contact
wellnesscentralworldwide@gmail.com

Repair Cafe | July 4th., Aug 1st., Sept 5th_| 10am-12pm

FREE

Got a broken item? Don't throw it away - bring it to Repair Cafe.
Friendly volunteers assess your goods and do their best to give
your belongings a new lease on life.

Sugar Cookie Decorating class

Thurs, Sept 3 | 10am-11am | \$40

Participants will enjoy a morning of Sugar cookie decorating
using fondant. Take your creations home to share.

BOOKINGS ESSENTIAL

Call 5156 0214

Email: info@pnc.vic.edu.au

Direct through our website.

www.pnc.vic.edu.au/courses-activities/

Basic Computers: Windows Essentials



Date: 5 Sessions | Wednesdays
12/08, 19/08, 26/08, 2/09 & 9/09

Time: 9.30am-12.30pm

Cost: \$50 full / \$25 concession

Where: Paynesville Neighbourhood Centre

What to expect

- Understand how your computer works and what you can do with it
- Get familiar with apps and icons
- Learn how to deal with common computer problems
- Help with setting up a new computer (or using an older one)

This course focuses on Microsoft Windows and is not suitable for Apple or Android devices. You will need to bring your own laptop to this course. If you need to buy a laptop, advice can be given on purchasing new or second-hand devices prior to commencement

To book Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

55 Esplanade, Paynesville 3880
ABN 22 590 431 615
info@pnc.vic.edu.au
pnc.vic.edu.au
(03) 5156 0214

Communication skills yesterday today & tomorrow



Date: 3 Thursday Sessions | 17/09 , 24/09 & 01/10

Time: 10.00-11.00am

Cost: FREE

Where: Paynesville Neighbourhood Centre

What to expect

Learn from a lifetime of experience with a course led by an experienced facilitator who has seen communication evolve across generations. Explore how we connected in the past, how we communicate in today's fast-paced digital world, and what the future holds. Gain practical skills, timeless wisdom, and the confidence to communicate clearly, respectfully, and effectively in any situation.

To book Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

55 Esplanade, Paynesville 3880
ABN 22 590 431 615
info@pnc.vic.edu.au
pnc.vic.edu.au
(03) 5156 0214

The Comforting food of Hungary With SBA's kitchen



Date: Tuesday, 21 July 2026

Time: 10am-2pm

Where: Library, Meeting Rooms (Just next door to us.)

Cost: \$60

Contact us to go on the waitlist

A cuisine influenced by history, by occupation, by those who passed through, really it's a veritable melting pot of cuisines. Where soup can be sweet or savoury, hot or cold, mains are often hearty dishes of meat, fish, and desserts of cakes and pastries often feature nuts and fruit, and to finish a meal, fresh fruit - whatever is in season. Of course paprika is often a feature in the delicious savoury dishes, and will be in some of those made on the day as we prepare a hearty lunch for all to enjoy as we sit, eat and relax to finish the session.

[What you will take home:](#)

- Notes and recipes for the dishes made on the day.
- A share of any leftovers from the lunch (containers provided).
- Maybe a new friendship with other's who attend on the day.

To book Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

**We Bring Local
People Together**

Confit Duck

With SBA's kitchen



Date: Tuesday, 18 August 2026

Time: 10am-2pm

Where: Library, Meeting Rooms (Just next door to us.)

Cost: \$70

Lightly cured duck gently cooked in a bath of duck fat and then placed in a jar, covered with duck fat and sealed, before being placed into the fridge to set until ready to use. But we won't stop there. Using already prepared confit duck we will prepare a delicious French-style meal, showcasing Confit Duck, for all to enjoy as we sit, relax, eat and chat to finish the session.

Each participant will take home a jar of confit duck submerged in duck fat, to enjoy in their favourite recipe. They will also take home a share of the leftovers from lunch.

What you will take home:

- Notes and recipes for the dishes made on the day.
- A share of any leftovers from the lunch (containers provided).
- Maybe a new friendship with other's who attend on the day.

To book Call 5156 0214 | Email info@pnc.vic.edu.au

Basic Farmhouse Cheese With SBA's kitchen



Date: Tuesday, 15 September 2026

Time: 10am-2pm

Where: Library, Meeting Rooms (Just next door to us.)

Cost: \$60

Discover how easy it is to make basic farmhouse cheese at home!

In this session you will make your own Queso Blanco (white cheese) to take home to enjoy. Queso Blanco is a simple cheese that doesn't require rennet or cultures, and is quite versatile in the kitchen. It can be drained for a short time and used as for ricotta, or can be hung to drain for a few hours, salted and used in salads, baked dishes, etc.

During this session you will also work together to prepare a light meal starring basic farmhouse cheese, to be shared as we sit, relax and chat as we finish off the session.

Sample Menu:

- Queso Blanco Cheese
- Baked Ricotta Stuffed Vegetables
- Seasonal Veg Salad with Queso Blanco
- Queso Blanco and Zucchini Fritters with Roasted Balsamic Truss Tomatoes
- Raspberry Ricotta Cake
- (All food will be gluten free)

What you will take home:

Notes and recipes for the dishes made on the day.

A share of any leftovers from the lunch (containers provided).

Maybe a new friendship with others who attend on the day.

To book Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

**We Bring Local
People Together**

Bairnsdale Cinemas Bus Trip



Date: Tuesday July 28, 2026
Time: TBC
Cost: \$10 for your bus seat.
Movie tickets and snacks at your own cost.

What to expect

- A morning at the cinemas to see a newly released film, 'H is for Hawk'
- The trip will take place on a Tuesday. Cost of ticket \$13, to be purchased upon arrival at Sun Cinemas.
- Lots of laughs and new friendships.

Bookings essential

Call 5156 0214 or email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

**We Bring Local
People Together**

Lakes Entrance Op Shop bus trip.



Date: Tuesday, 25 August 2026

Time: Depart PNC at 9.30am. Return approximately 3.30pm

Cost: \$15

What to expect

- A fun day out hitting the Op Shops of Lakes Entrance.
- There will be time to stop for lunch or enjoy a home packed lunch at your leisure.
- Lots of laughs, bargains and new friendships.

To book

Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

**We Bring Local
People Together**

Sugar Cookie Decorating



Date: Thursday, Sept 3

Time: 10am-11am

Cost: \$40

What to expect

Join us in this fun and creative workshop where you'll decorate beautiful sugar cookies and personalize them with your favorite colors. You might like to add a touch of gold dust or pearl dust, sprinkle on some fun decorations, or even experiment with some decorative moulds to create unique shapes. We'll provide all the guidance you need, and you'll leave with your cookies packed up in a cute little box to take home.

To book

Call 5156 0214 | Email info@pnc.vic.edu.au

Dying to Know workshop.



Date: Thursday, Aug 20
Time: 1pm-3pm
Cost: FREE
Where: Raymond Island Hall

What to expect

Open discussions about life, legacy and end of life planning.

Topics include:

- Powers of Attorney (Medical, Financial & Enduring)
- Wills and Executors
- Advance Care Planning
- Making your wishes known

Places limited, book now to avoid missing out!

To book

Call 5156 0214 | Email info@pnc.vic.edu.au



Paynesville Neighbourhood Centre

55 Esplanade, Paynesville 3880
ABN 22 590 431 615
info@pnc.vic.edu.au
pnc.vic.edu.au
(03) 5156 0214

NDIS information Session

Please join us for an information session discussing the NDIS, changes and updates. We have representatives from the NDIS Local Area Coordination Team on behalf of Latrobe Community Health Services attending to support understanding of the NDIS and the current changes.

We support NDIS participants or those wishing to request access to the scheme aged 9-65 years.

We will endeavour to answer your questions however due to an ever-changing space we might not be able to answer them all.

Join us at Paynesville Neighbourhood Centre
10.00am 5th August 2026

To book;
Call: 5156 0214

Email: info@pnc.vic.edu.au





Home is where the heart is. Stay there longer.

Our health needs change as we age, but one thing stays the same:

Our desire to remain living in our own home. Hear our service experts explain how you can access government funding to help you stay living at home for longer.

When: Thursday 2 July & Thursday 6 August

Where: Paynesville Foodbank - Corner King Street & Langford Parade

RSVP: N/A

Contact: Pooja Khatwani (pooja.khatwani@lchs.com.au)



We acknowledge all First Nations people as the traditional custodians on whose ancestral lands our offices are situated. We recognise and pay our respects to Elders - past, present and emerging - and all First Nations people and communities across Australia.



CALL US
1800 242 696

EMAIL
supportathome@lchs.com.au

LEARN MORE
lchs.com.au



Paynesville Foodbank

Hosted by Paynesville Neighbourhood Centre

What is Foodbank? Foodbank is a program run by PNC to assist local households with food relief. Every Thursday we host foodbank, which is available to anyone who needs it.

When: Foodbank is held every week on Thursdays
11am-2pm
We also host a FREE cooked lunch on the First Thursday of each month.

Cost: Paynesville Foodbank is FREE to access.

What do i need to bring? Just yourself and a shopping bag!

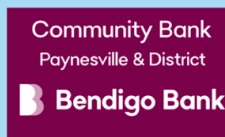
Where: We are located at Paynesville Uniting Church,
Corner of King street and Langford Parade.

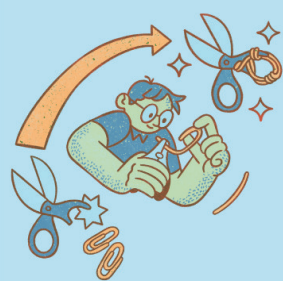
Support: Community Bank Paynesville & District
Bendigo Bank, Paynesville IGA and many more.



Paynesville Neighbourhood Centre

RITCHIES IGA





Paynesville Repair Cafe

at Paynesville
Neighbourhood Centre



Visitors can bring in their broken items—whether it's clothing, electronics, or furniture—and receive expert guidance from repair specialists to get them fixed.

For those without items to repair, it's a wonderful chance to unwind with a cup of tea or coffee, enjoy delicious treats from local cafés, and socialize with others in the community.

We're equipped to repair a wide range of household items, including electrical appliances, bicycles, crockery, toys, furniture, minor sewing repairs and even sharpen garden tools.

If it's broken and you can carry it, we'll gladly assess it and do our best to restore it, giving your belongings a fresh lease on life.



**FIRST SATURDAY OF
EACH MONTH**



**PAYNESVILLE
NEIGHBOURHOOD CENTRE
ENTRY VIA REAR CARPARK.**



10AM - 12PM



Jul 4 th	Oct 3 rd
Aug 1 st	Nov 7 th
Sept 5 th	Dec 5 th



*No repair cafe in June, due to long weekend

Dates subject to change due to staff availability. Check PNC facebook page for updates.

Our prime goal is to help people and to reduce landfill.



Paynesville Childcare Centre

We currently have availabilities for children over the age of 3.



Please contact Rosie via email for
more information
rosie@pnc.vic.edu.au

Add your child to our waitlist:
<https://pnc.vic.edu.au/childcare/>

Our hours of operation are Monday through
Thursday 8.30am to 4.00pm.

Term 3 calendar

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	WEEKEND
JULY 13-19	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA	• CWA JNR		• YOGA
JULY 20-26	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA • SBA			• YOGA
JULY 27-2	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA • BUS TRIP			• YOGA • REPAIR CAFE
AUG 3-9	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA	• LAC NDIS INFO SESSION	• PAPER CRAFT	• YOGA
AUG 10-16	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA	• COMPUTER BASICS	• BOOKCLUB	• YOGA
AUG 17-23	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA • SBA	• CWA JNR • COMPUTER BASICS	• DYING TO KNOW RAYMOND ISLAND	• YOGA
AUG 24-30	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA • BUS TRIP	• COMPUTER BASICS		• YOGA
AUG 31-6	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA	• COMPUTER BASICS	• SUGAR COOKIE DECORATING • PAPER CRAFT	• YOGA • REPAIR CAFE
SEPT 7-13	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA	• COMPUTER BASICS	• BOOKCLUB	• YOGA
SEPT 14-20	• CRAFT	• CRAFT • TUESDAY LADIES • YOGA • SBA	• CWA JNR	• COMMUNICATION SKILLS YESTERDAY TODAY & TOMORROW 1/3	• YOGA

Term 3 | 2026



5156 0214



info@pnc.vic.edu.au



www.pnc.vic.edu.au

Let us know if you want to receive our term
flyer via email

Find us on Facebook and
Instagram



Paynesville

Neighbourhood Centre



Paynesville Neighbourhood Centre

55 Esplanade, Paynesville, VIC 3880

ABN 22 590 431 615

info@pnc.vic.edu.au

pnc.vic.edu.au

(03) 5156 0214